

Cork Training Centre

Joining Instructions

Address: Building 4400, Cork Airport Business Park, Kinsale Road, Cork

Turn into the airport from the roundabout on the main road. At the first roundabout, take the second exit into the Cork Airport Business Park then an IMMEDIATE right - enter the park slowly or you might miss it. If you pass either Marriot Vacation Club or IBM on your left, you have missed the turn.

The first turn right on entering the park will have Building 4600 on your right (Parsons) and 4500 on your left (Garwyn and Selatra). Stocker Yale are at the rear of 4500 and turn left there (you may see a small sign for Arris Building 4300 pointing left). Our building is 4400, the next on the left. Professional.ie is in silver lettering in on the building.

For parking, turn right at the Green Assembly Point B sign and there are always spaces there or you may find spaces in the section marked Building 4400. You will not find a space directly outside the building as these are reserved. The furthest vacant space is less than 100 metres from the front door of 4400.



Telephone: For Student messages, Administration and General Queries please call our Training Centre Administrator direct on

Tel: +00 353 (0)21 4319010

Fax: +00 353 (0)21 4319013

For Accounts details, contact Gosia in Professional Training on 021-4319010

Travelling to Professional Training

By Road:

Cork Airport is conveniently located just 8 kilometres from Cork City Centre on the south end of the N27 when coming from the North, West, or East of Cork and off the R600 when coming from Kinsale.



By Bus:



[Bus Éireann](#), provides a regular Air Coach bus service from Cork Airport to Cork's Parnell Place Bus Station throughout the week.

On Public Holidays, including St. Stephen's Day (December 26th) all Cork City services, including route 226 Air Coach services to Cork Airport, operate according to the Sunday schedule.

Journey time is approximately 30 minutes. All departures serve Evergreen Road and Cork Airport Business Park.

Free Travel Passes issued by the Department of Social and Family Affairs are not valid on this service.

Fares from Cork Airport to City Centre:

Adult Single € 3.70 Adult Return € 6.30 Fares Valid from March 2006



[Skylink](#) has coaches departing Cork Airport every 30 minutes connecting with over 30 city hotels, guest houses and city centre locations. The coaches depart from outside the Arrivals Hall every 30 minutes, 7 days a week.

Ticket Prices:

Single Journey € 5 Airport return € 9

Tickets can be purchased from Skylink ticket agents at the airport or on board the coaches.

By Taxi:

The cost from Cork Airport to the City Centre and the central bus and railway stations is between € 10.00 and € 15.00 approximately.

By Rail:



[Iarnrod Eireann](#), Ireland's national train company operates from Cork's Kent Train station and is located on the Lower Glanmire Road, north of the River Lee, less than 10 minutes walk from the city bus station. Bus Eireann provides a regular Air Coach bus service from Cork's Parnell Place Bus Station to Cork Airport throughout the week. Distance to the Airport is just 8 kilometres.

Connections to all major rail-linked towns and cities can be made from Kent Station.

Arrival at Professional Training

Course Times:

The start time on your first day is 9.30am. We would ask that you arrive between 9.00 – 9.20 so that you can familiarise yourself with the training centre. Please help yourself to tea and coffee, which are available at the coffee station in the breakout area.

Please be sure to arrive at the training venue promptly for each session.

Your instructor will provide you with the necessary course documentation, writing pad, pen etc.

Lunch:

Lunch will be provided in a nearby restaurant - should you have any special dietary requirements please inform your instructor.

During the late running boot camp courses, sandwiches will be provided in the late afternoon.

Accommodation local to Professional Training:

Hotels:



Radisson SAS Hotel Tel: +353 (21) 494 7500
Cork Airport, Kinsale Road, Cork

Email: info.airport.cork@radissonsas.com Website:
www.radissonsas.com



Cork International Airport Hotel, Cork Airport, Cork
T: +353 (0)21 454 9800 F: +353 (0)21 454 9999

Email: info@corkairporthotel.com
Website: www.corkinternationalairporthotel.com



Travelodge Cork Airport Tel: +353 (21) 4310722
Kinsale Road Roundabout, Airport Road, Cork
E Mail: cork@travelodge.ie
Web: <http://www.travelodgecorkairport.com>

These are only intended as a guide. Inclusion does not mean recommendation and Professional Training cannot accept responsibility for the level of service provided by these hotels.

Emergency Procedures

It is your responsibility to ensure that you understand the emergency procedures governing fire and bomb alerts. Please ask for clarification if you are in doubt. Below are the important points to remember.

Leave the building using only the designated escape route
Do NOT stop to collect personal items
Do NOT use the lift
Do NOT smoke, enter underground car parks, or start engines
Do NOT remain in the building
Do NOT attempt to re-enter the building until the Fire Officer has given authority to do so.

Medical Procedures

If you are taken ill or suffer an injury during your course, please inform your instructor or course registrar. We have a trained First Aid officer who will assist you in any way possible.